

**Elementary School Health Education
Course: Health – Pre-Kindergarten**

Pee Wee Olympics Unit Outline

Lesson Objectives

- Children will identify body parts.
- Children will identify body parts and their function.
- Children will identify ways we use our arms and hands.
- Children will identify ways we use our legs and feet.
- Children will sketch a body with all parts.
- Children will define ways to exercise.
- Children will follow procedures to demonstrate how to exercise properly and safely.
- Children will identify and act out ways to be healthy.
- Children will define an athlete and participate in athletic sports.
- Children will identify and show ways people with disabilities can be athletes.
- Children will demonstrate good sportsmanlike behavior in a game.
- Children will use their body to complete an obstacle course.
- Children will participate in relay races.
- Children will make a flag for the Olympics.
- Children will participate in “Pee Wee Olympics.”

As of 1/2023, there is one unit in pre-kindergarten which relates to health education. Pre-Kindergarten health education curriculum is currently under HCPS review for alignment to MSDE Comprehensive Health Education Framework.